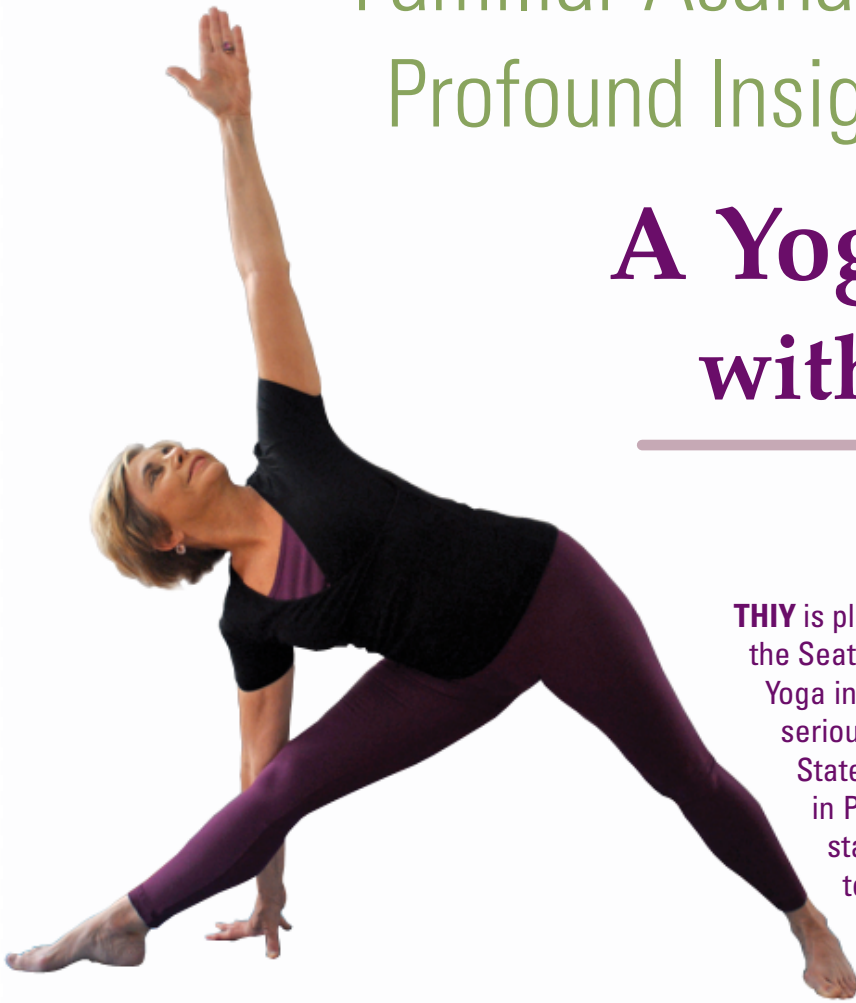


Familiar Asanas, Subtle Actions,
Profound Insights, New Heights

A Yoga Workshop with Joan White

April 20 - 22 2012



THIY is pleased to host Joan for her very first workshop in the Seattle area. **JOAN WHITE** was introduced to Iyengar Yoga in 1973, when she consulted with B.K.S. Iyengar for serious back trouble on his first visit to the United States. Since then she has studied with the Iyengars in Pune numerous times, giving her a deep understanding of their work. One of a very few American teachers with advanced level certification, she teaches in a precise, down-to-earth style with plenty of good humor.

Fees: Full workshop **\$185**

- IYANW members **\$170**

Fri. Apr. 20, 6:30-8:30pm - \$45

Sat. Apr. 21, 10:30am-1:30pm - \$65

Sat. Apr. 21, 3:30-5:30pm - \$45

Sun. Apr. 22, 10:30am-1:30pm - \$65

- Priority will be given to those who register for the full workshop.
- A \$25 *non-refundable* deposit holds your place. Full payment due by Apr. 13
- One year experience in Iyengar Yoga recommended.



Registration for Joan White Workshop

Name _____

Address _____

Phone _____ Email _____

\$185 Payment in Full \$170 for IYANW \$45/\$65 Individual Class(es)

\$25 nonrefundable deposit **Specify Classes** _____

Enclosed is my payment for: _____ Checks payable to **THIY**

CANCELLATION POLICY: All but \$25 of fee is refundable (if your space can be filled)

(206) 361-9642 • www.thiyoga.com • 18021 15th Ave. NE Shoreline, WA 98155



IYENGAR YOGA

The B.K.S. Iyengar Yoga Center of Puget Sound